



Phone: 6255 2634 Email: wpscanteen@hotmail.com

Facebook: Weetangera Primary Canteen

Menu at: http://www.weetangera.ps.act.edu.au/community/our_canteen

Weetangera Canteen

We make food for thought!

Wednesday to Friday

Term 2 - 2018

Hot chocolate and volunteers ...

Both are sweet and make life better !

Last month included:

NATIONAL VOLUNTEER WEEK

Give a little. Change a lot.

21-27 May 2018

The theme represents the millions of volunteers who make a profound impact in their communities and on society, through giving a little time.

Let's thank all parents, teachers and students who 'give a little' time for canteen activities.

Let's recognise our dedicated canteen committee aiming to 'change a lot'.

We encourage more families to step up, volunteer and support our school canteen (see page 3).



Hot chocolates \$2.50
or bring your own
cup \$2

From Wednesday 6th June
hot chocolates will be sold
over the counter at recess.





Disco success

The 80's theme disco on Thursday 4th May was a great success raising close to \$2200. The Glo products were illuminating, the dancing energetic and the costumes fabulous.

Thank you to all who came on the night to dance or help, especially our teachers who always make our disco a big success.

This fundraising goes to canteen operating costs – it is a big job for the committee keeping our canteen viable – AND YOU HELP by supporting our fundraising events throughout the year.

Cross-country

FUN RUN, BUN YUM,
CROSS COUNTRY
FINGER BUN

On Wednesday 4th April, kids could refuel at their run, with a sticky finger bun.

They sold fast...



Athletics Carnival

Our special lunch order was on offer to power up our students at the Wednesday 30th May Athletics Carnival.

We hope everyone enjoyed their sausage sandwich, treat and juice.

Tasty treats were also available, along with tea and coffee to warm-up parents and teachers.

Thank you to all who helped with set-up, preparation and handing out orders.

Canteen orders

Online: By 9.05am at www.flexischools.com.au

Manual: An envelope or paper bag (with Unit, name, order & \$ enclosed) placed in the classroom lunch order box

At the counter: For snacks (or late lunch orders which we will try to accommodate)

Menu on page 4,
Flexischools & school
website

Menu ideas?

Kids and families we are looking for new healthy menu options.

Please send your suggestions and recipes to wpscanteen@hotmail.com

Your 2018 Canteen Committee

Manager: Kerrie Sun

Staff: Belinda Redfern-Elliot , Deanna Mann, and Emma Skinner

Convener: Tania Martin

Treasurer: Nichola Vincent

A/Treasurer: Vicky Mahar

Secretary: Megan Hogan

Special Lunch Order Coordinator: Jennelle Barry

Disco Coordinator: Belinda Redfern-Elliot

Social Coordinator: Vicky Mahar

Fete Coordinator: Candace Culyer

Newsletter Coordinator: Anna Moore

General Committee Members:

Erica Kenna, Sarah Slade, and Emma Skinner

The canteen is a non-profit service run for the wellbeing of the school by the P&C Association.

The P&C employs a manager and staff who are responsible for the day-to-day operation of the canteen, guided and assisted by the Canteen Committee.

The canteen is proud to:

- provide a healthy school recess and lunch service.
- provide nutritious and appealing food at an affordable price.
- be for the enjoyment of children.
- assist busy families.

Thanks for your understanding with our canteen closure on Friday 5th May... it was a reminder to our committee that we need help:



- Parents, carers and grandparents please spare a morning or an hour to prepare salad, muffins, sandwiches or pikelets, bag up food or clean. Babies and toddlers are welcome.
- Committee vacancies are coming. Long-serving members will be moving on as kids' progress to Year 7. Passing on wisdom is important; Are you our next treasurer or secretary?

For more information, drop in for a cuppa and a chat with the friendly team at the canteen, phone 6255 2634 or e-mail wpscanteen@hotmail.com.

Have you seen the updated menu?



**Weetangera Primary School
P&C
Canteen**

Menu: 2018

Opening Hours: Wednesday to Friday, 9:00am to 1:20pm

School Telephone: 6205 7488

wpscanteen@hotmail.com www.flexischools.com.au



Foods labelled with a smiley are items that can be enjoyed every day.

Other items should be eaten once or twice a week.

Menu abbreviations: (G) Gluten Free, (V) Vegetarian

Sandwiches

Wholemeal bread is used. White bread and gluten free available on request.

Honey, vegemite	\$ 2.50
Cheese	\$ 2.50
Ham	\$ 3.50
Egg	\$ 3.50
☺ Chicken	\$ 3.50
☺ Tuna	\$ 3.50
☺ Salad (lettuce, tomato, carrot, cucumber, cheese)	\$ 3.50
Ham & salad	\$ 4.50
☺ Chicken & salad	\$ 4.50
☺ Tuna & salad	\$ 4.50
Extras: cheese, carrot, cucumber, pineapple, lettuce, beetroot, tomato	\$ 0.40
Sauce: tomato, BBQ, mayo, sweet chilli.....	No charge

Toasted Sandwiches

Cheese	\$ 3.00
Ham	\$ 4.00
☺ Chicken	\$ 4.00
☺ Baked beans	\$ 3.50
Extras: cheese, pineapple, tomato	\$ 0.40

Salad Boxes & Wraps

☺ Fresh salad box	\$ 4.00
Fresh salad box with your choice of:	
☺ Chicken or tuna or hard boiled egg	\$ 4.00
Ham	\$ 4.00
Chicken Dino Snacks (nuggets) x 3	\$ 4.00
☺ Salad wrap	\$ 3.50
☺ Chicken salad wrap	\$ 4.50
Ham salad wrap	\$ 4.50
Half wrap	\$ 2.50
Sauce: tomato, BBQ, mayo, sweet chilli.....	No charge

Ice Blocks

Frozen juice cups	\$ 1.00
Frozen yoghurt	\$ 2.00
Quelch fruit sticks	\$ 0.50
Vanilla ice cream tub	\$ 1.50
Frozen fruit—orange/watermelon/pineapple	\$ 0.50

Hot Foods

☺ Corn on the cob (GV)	\$ 1.20
☺ Hot jacket potato—choice of four toppings	\$ 5.00
☺ Cheese (GV) / Creamed corn & cheese (GV) / Tomato mince sauce & cheese / Baked beans & cheese (GV)	\$ 5.00
Burgers	\$ 5.00
Beef—lettuce, tomato, cheese, tomato sauce	
Chicken—lettuce, mayo	
Half burger	\$ 3.00
☺ Fried rice—homemade	\$ 5.00
☺ Bolognese pasta—homemade mince, tomato sauce & cheese (no cheese on request)	\$ 5.50
Chicken Dino Snacks (chicken nuggets)	\$ 1.00
Pizza (ham & pineapple)—homemade	\$ 4.00
Meat pie (large)	\$ 4.00
Party pie	\$ 2.00
Spinach & ricotta roll	\$ 4.00
Sausage roll	\$ 4.00
Tomato sauce portion	\$ 0.50
☺ Stewed apple with custard or ice-cream	\$ 3.00

Drinks

Bottled water, 350ml	\$ 1.20
Plain milk	\$ 1.50
Moove, 300ml, chocolate or strawberry	\$ 2.50
Fruit juice 100% (200ml)	\$ 2.00
apple, apple & blackcurrant, tropical	

At the Counter (also available in orders)

☺ Apple slinky	\$ 1.00
☺ BYO apple	\$ 0.40
☺ Hard boiled egg	\$ 1.00
☺ Carrot stick	\$ 0.10
☺ Goulburn Valley fruit snack (GV)	\$ 1.50
☺ Pikelets—homemade	\$ 0.50
Cheese & biscuit pack	\$ 1.00
Fresh popped popcorn (GV)	\$ 0.50
Fruit muffin—homemade	\$ 1.50
Mini fruit muffin—homemade	\$ 0.50
☺ Seasonal fruit	\$ 0.50
Custard/yoghurt pots	\$ 1.00
Single lunch bag with your order	\$ 0.10